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My Year of Rest and Relaxation My Year of Rest and Relaxation My Year of Rest and Relaxation Eileen My Year Abroad *McGlue Homesick for Another World* My Year in the Middle My Year of Saying No *The Year of Reading Dangerously* How to Murder Your Life *My Year* **My Year with Eleanor Death in Her Hands *Lapvona My Year of Running Dangerously Year of Yes* The Year of Less *The New Me My Year of Meats* **My Oxford Year Not Buying it** Escapism **Famous Adopted People** My Year of Art **My Year Off** **My Year of Fun Book Give It Up!** **Ladysitting: My Year with Nana at the End of Her Century** *The Year of Living Biblically* *The Stranger* **Bunny How to Do Nothing** **The Tao of Martha** Swimming Sweet Arrow Protect the Prince Eileen **Boy Parts** **The Hundred Brothers** *Until I Say Good-Bye***

Stephens' darkly comic, sharply irreverent, undeniably wise 'Great Adoption Novel' is an unexpectedly timely, not-to-be-missed, epic wild ride. --Booklist, *Starred Review* Lisa Pearl is an American teaching English in Japan and the situation there--thanks mostly to her spontaneous, hard-partying ways--has become problematic. Now she's in Seoul, South Korea, with her childhood best-friend Mindy. The young women share a special bond: they are both Korean-born adoptees into white American families. Mindy is in Seoul to track down her birth mom, and wants Lisa to do the same. Trouble is, Lisa isn't convinced she needs to know about her past, much less meet her biological mother. She'd much rather spend time with Harrison, an almost supernaturally handsome local who works for the MotherFinder's agency. When Lisa wakes up inside a palatial mountain compound, the captive of a glamorous, surgically-enhanced blonde named Honey, she soon realizes she is going to learn about her past whether she likes it or not. What

happens next only could in one place: North Korea. *The Year of Less* In her late twenties, Cait Flanders found herself stuck in the consumerism cycle that grips so many of us: earn more, buy more, want more, rinse, repeat. Even after she worked her way out of nearly \$30,000 of consumer debt, her old habits took hold again. When she realized that nothing she was doing or buying was making her happy—only keeping her from meeting her goals—she decided to set herself a challenge: she would not shop for an entire year. *The Year of Less* documents Cait's life for twelve months during which she bought only consumables: groceries, toiletries, gas for her car. Along the way, she challenged herself to consume less of many other things besides shopping. She decluttered her apartment and got rid of 70 percent of her belongings; learned how to fix things rather than throw them away; researched the zero waste movement; and completed a television ban. At every stage, she learned that the less she consumed, the more fulfilled she felt. The challenge became a lifeline when, in the course of the year, Cait found herself in situations that turned her life upside down. In the face of hardship, she realized why she had always turned to shopping, alcohol, and food—and what it had cost her. Unable to reach for any of her usual vices, she changed habits she'd spent years perfecting and discovered what truly mattered to her. Blending Cait's compelling story with inspiring insight and practical guidance, *The Year of Less* will leave you questioning what you're holding on to in your own life—and, quite possibly, lead you to find your own path of less. Major Motion Picture Already in Development with Temple Hill Entertainment One of the Best Books of April for Brit + Co and Liz and Lisa! Set amidst the breathtaking beauty of Oxford, this sparkling debut novel tells the unforgettable story about a determined young woman eager to make her mark in the world and the handsome man who introduces her to an incredible love that will irrevocably alter her future—perfect for fans of JoJo Moyes and Nicholas Sparks. American Ella Durran has had the same plan for her life since she was thirteen: Study at Oxford. At 24, she's finally made it to England on a Rhodes Scholarship when she's offered an unbelievable position in a rising political star's presidential campaign. With the promise that she'll work remotely and return to DC at the end of her Oxford year, she's free to enjoy her *Once in a Lifetime*

Experience. That is, until a smart-mouthed local who is too quick with his tongue and his car ruins her shirt and her first day. When Ella discovers that her English literature course will be taught by none other than that same local, Jamie Davenport, she thinks for the first time that Oxford might not be all she's envisioned. But a late-night drink reveals a connection she wasn't anticipating finding and what begins as a casual fling soon develops into something much more when Ella learns Jamie has a life-changing secret. Immediately, Ella is faced with a seemingly impossible decision: turn her back on the man she's falling in love with to follow her political dreams or be there for him during a trial neither are truly prepared for. As the end of her year in Oxford rapidly approaches, Ella must decide if the dreams she's always wanted are the same ones she's now yearning for.

365 art-based, on-the-page activities; stimulates the creative left brain; takes a straightforward approach - art is for everyone, every day; and provides inspirational content. Three hundred sixty-five art-based, on-the-page activities-one for each day of the year. A combination of imaginative prompts and step-by-steps are designed to unleash creativity. Inspirational content devised by expert author Susan Schwake will stimulate the creative left brain; the diverse range of activities include wearing your favorite color and noticing how it makes you feel, feeling different textures, counting the number of different colors in your bedroom, and recording it all in words and pictures in your journal. The straightforward approach of this book encourages the reader to think creatively, even if they don't feel that they have the "right" skills or knowledge. When completed, the reader will have a souvenir of the 365 days in which they discovered their own personal creativity. ***SHORTLISTED FOR THE MAN BOOKER PRIZE 2016***

Trapped between caring for her alcoholic father and her job as a secretary at the boys' prison, Eileen Dunlop dreams of escaping to the big city. In the meantime, her nights and weekends are filled with shoplifting and cleaning up her increasingly deranged father's messes. When the beautiful, charismatic Rebecca Saint John arrives on the scene as the new counsellor at the prison, Eileen is enchanted, unable to resist what appears to be a miraculously budding friendship. But soon, Eileen's affection for Rebecca pull her into a crime that far surpasses even her own wild imagination. 'Fully lives up to the hype. A taut psychological

thriller, rippled with comedy as black as a raven's wing, Eileen is effortlessly stylish and compelling' The Times *SHORTLISTED FOR THE CWA NEW BLOOD DAGGER AWARD 2016* "[A] definitive work of millennial literature . . . wretchedly riveting." —Jia Tolentino, The New Yorker "Girls + Office Space + My Year of Rest and Relaxation + anxious sweating = The New Me." —Entertainment Weekly I'm still trying to make the dream possible: still might finish my cleaning project, still might sign up for that yoga class, still might, still might. I step into the shower and almost faint, an image of taking the day by the throat and bashing its head against the wall floating in my mind. Thirty-year-old Millie just can't pull it together. She spends her days working a thankless temp job and her nights alone in her apartment, fixating on all the ways she might change her situation--her job, her attitude, her appearance, her life. Then she watches TV until she falls asleep, and the cycle begins again. When the possibility of a full-time job offer arises, it seems to bring the better life she's envisioning within reach. But with it also comes the paralyzing realization, lurking just beneath the surface, of how hollow that vision has become. "Wretchedly riveting" (The New Yorker) and "masterfully cringe-inducing" (Chicago Tribune), The New Me is the must-read new novel by National Book Foundation "5 Under 35" honoree and Granta Best Young American novelist Halle Butler. Named a Best Book of the Decade by Vox, and a Best Book of 2019 by Vanity Fair, Vulture, Chicago Tribune, Mashable, Bustle, and NPR Named a Best Book of the Year by The Washington Post, Time, NPR, Amazon, Vice, Bustle, The New York Times, The Guardian, Kirkus Reviews, Entertainment Weekly, The AV Club, & Audible A New York Times Bestseller "One of the most compelling protagonists modern fiction has offered in years: a loopy, quietly furious pillhead whose Ambien ramblings and Xanaxed b*tcherries somehow wend their way through sad and funny and strange toward something genuinely profound." — Entertainment Weekly "Darkly hilarious . . . [Moshfegh's] the kind of provocateur who makes you laugh out loud while drawing blood." —Vogue From one of our boldest, most celebrated new literary voices, a novel about a young woman's efforts to duck the ills of the world by embarking on an extended hibernation with the help of one of the worst psychiatrists in the annals of literature and

the battery of medicines she prescribes. Our narrator should be happy, shouldn't she? She's young, thin, pretty, a recent Columbia graduate, works an easy job at a hip art gallery, lives in an apartment on the Upper East Side of Manhattan paid for, like the rest of her needs, by her inheritance. But there is a dark and vacuous hole in her heart, and it isn't just the loss of her parents, or the way her Wall Street boyfriend treats her, or her sadomasochistic relationship with her best friend, Reva. It's the year 2000 in a city aglitter with wealth and possibility; what could be so terribly wrong? My Year of Rest and Relaxation is a powerful answer to that question. Through the story of a year spent under the influence of a truly mad combination of drugs designed to heal our heroine from her alienation from this world, Moshfegh shows us how reasonable, even necessary, alienation can be. Both tender and blackly funny, merciless and compassionate, it is a showcase for the gifts of one of our major writers working at the height of her powers. **THE TIKTOK**

SENSATION Read **THE** razor-sharp satire that everyone is talking about... On the surface, our narrator has everything you could want in life. She's young, thin, pretty, a recent Columbia graduate and lives in an apartment on the Upper East Side of Manhattan paid for, like everything else, by her inheritance. But there is a vacuum in her life and she's got the perfect solution. She's going to take a year under sedation to relax and hide away from the world. What could possibly go wrong? Blackly funny, merciless and compassionate, My Year of Rest and Relaxation, is the perfect read for fans of *The Bell Jar* by Sylvia Plath and *The Seven Husbands of Evelyn Hugo* by Taylor Jenkins Reid. **PRAISE FOR MY YEAR OF REST AND RELAXATION:** 'The book that everyone is talking about' *The Times* 'Diamond-hard entertainment' *Guardian* 'Electrifying...compelling...Moshfegh's protagonist is an unlikely revolutionary' *Vanity Fair* ****LOOKOUT FOR THE NEWEST NOVEL FROM OTTESSA MOSHFEGH, LAPVONA, OUT SOON****

Acclaimed cultural geographer Yi-Fu Tuan considers humanity's enduring desire to escape reality— and embrace alternatives such as love, culture, and Disneyworld In prehistoric times, our ancestors began building shelters and planting crops in order to escape from nature's harsh realities. Today, we flee urban dangers for the safer, reconfigured world of suburban lawns and parks. According to geographer Yi-Fu

Tuan, people have always sought to escape in one way or another, sometimes foolishly, often creatively and ingeniously. Glass-tower cities, suburbs, shopping malls, Disneyland—all are among the most recent monuments in our efforts to escape the constraints and uncertainties of life—ultimately, those imposed by nature. "What cultural product," Tuan asks, "is not escape?" In his new book, the capstone of a celebrated career, Tuan shows that escapism is an inescapable component of human thought and culture. The debut novella from one of contemporary fiction's most exciting young voices, now in a new edition. Salem, Massachusetts, 1851: McGlue is in the hold, still too drunk to be sure of name or situation or orientation—he may have killed a man. That man may have been his best friend. Intolerable memory accompanies sobriety. A-sail on the high seas of literary tradition, Ottessa Moshfegh gives us a nasty heartless blackguard on a knife-sharp voyage through the fogs of recollection. They said I've done something wrong? . . . And they've just left me down here to starve. They'll see this inanition and be so damned they'll fall to my feet and pass up hot cross buns slathered in fresh butter and beg I forgive them. All of them . . . : the entire world one by one. Like a good priest I'll pat their heads and nod. I'll dunk my skull into a barrel of gin. From one of our boldest, most celebrated new literary voices, a novel about a young woman's efforts to duck the ills of the world by embarking on an extended hibernation with the help of one of the worst psychiatrists in the annals of literature and the battery of medicines she prescribes. Our narrator should be happy, shouldn't she? She's young, thin, pretty, a recent Columbia graduate, works an easy job at a hip art gallery, lives in an apartment on the Upper East Side of Manhattan paid for, like the rest of her needs, by her inheritance. But there is a dark and vacuous hole in her heart, and it isn't just the loss of her parents, or the way her Wall Street boyfriend treats her, or her sadomasochistic relationship with her best friend, Reva. It's the year 2000 in a city aglitter with wealth and possibility; what could be so terribly wrong? *My Year of Rest and Relaxation* is a powerful answer to that question. Through the story of a year spent under the influence of a truly mad combination of drugs designed to heal our heroine from her alienation from this world, Moshfegh shows us how reasonable, even necessary, alienation can be.

Both tender and blackly funny, merciless and compassionate, it is a showcase for the gifts of one of our major writers working at the height of her powers. Shortlisted for the 2016 Man Booker Prize and chosen by David Sedaris as his recommended book for his Fall 2016 tour. So here we are. My name was Eileen Dunlop. Now you know me. I was twenty-four years old then, and had a job that paid fifty-seven dollars a week as a kind of secretary at a private juvenile correctional facility for teenage boys. I think of it now as what it really was for all intents and purposes—a prison for boys. I will call it Moorehead. Delvin Moorehead was a terrible landlord I had years later, and so to use his name for such a place feels appropriate. In a week, I would run away from home and never go back. This is the story of how I disappeared. The Christmas season offers little cheer for Eileen Dunlop, an unassuming yet disturbed young woman trapped between her role as her alcoholic father’s caretaker in a home whose squalor is the talk of the neighborhood and a day job as a secretary at the boys’ prison, filled with its own quotidian horrors. Consumed by resentment and self-loathing, Eileen tempers her dreary days with perverse fantasies and dreams of escaping to the big city. In the meantime, she fills her nights and weekends with shoplifting, stalking a buff prison guard named Randy, and cleaning up her increasingly deranged father’s messes. When the bright, beautiful, and cheery Rebecca Saint John arrives on the scene as the new counselor at Moorehead, Eileen is enchanted and proves unable to resist what appears at first to be a miraculously budding friendship. In a Hitchcockian twist, her affection for Rebecca ultimately pulls her into complicity in a crime that surpasses her wildest imaginings. Played out against the snowy landscape of coastal New England in the days leading up to Christmas, young Eileen’s story is told from the gimlet-eyed perspective of the now much older narrator. Creepy, mesmerizing, and sublimely funny, in the tradition of Shirley Jackson and early Vladimir Nabokov, this powerful debut novel enthralls and shocks, and introduces one of the most original new voices in contemporary literature. “I honestly loved this book.”

—Jim Norton, New York Times bestselling author of *I Hate Your Guts*
“Eleanor taught Noelle that, first and foremost, *Courage Takes Practice*. Her yearlong quest to face her terrors, great and small, is moving, enriching, and hilarious—we readers are lucky to be along for the ride.”

—Julie Powell, bestselling author of *Julie & Julia* In the tradition of *My Year of Living Biblically* and *Eat Pray Love* comes *My Year with Eleanor*, Noelle Hancock’s hilarious tale of her decision to heed the advice of First Lady Eleanor Roosevelt and do one thing a day that scares her in the year before her 30th birthday. Fans of Sloane Crosley and Chelsea Handler will absolutely adore Hancock’s charming and outrageous chronicle of her courageous endeavor and delight in her poignant and inspiring personal growth. "A whole year of fun things to do -- crafts, puzzles, rainy-day games" --Cover. CNN correspondent Tom Foreman's remarkable journey from half-hearted couch potato to ultramarathon runner, with four half-marathons, three marathons, and 2,000 miles of training in between; a poignant and warm-hearted tale of parenting, overcoming the challenges of age, and quiet triumph. As a journalist whose career spans three decades, CNN correspondent Tom Foreman has reported from the heart of war zones, riots, and natural disasters. He has interviewed serial killers and been in the line of fire. But the most terrifying moment of his life didn't occur on the job--it occurred at home, when his 18-year old daughter asked, "How would you feel about running a marathon with me?" At the time, Foreman was approaching 51 years old, and his last marathon was almost 30 years behind him. The race was just sixteen weeks away, but Foreman reluctantly agreed. Training with his daughter, who had just started college, would be a great bonding experience, albeit a long and painful one. *My Year of Running Dangerously* is Foreman's journey through four half-marathons, three marathons, and one 55-mile race. What started as an innocent request from his daughter quickly turned into a rekindled passion for long-distance running--for the training, the camaraderie, the defeats, and the victories. Told with honesty and humor, Foreman's account captures the universal fears of aging and failure alongside the hard-won moments of triumph, tenacity, and going further than you ever thought possible. From the New York Times bestselling author and former beauty editor Cat Marnell, a "vivid, maddening, heartbreaking, very funny, chaotic" (The New York Times) memoir of prescription drug addiction and self-sabotage, set in the glamorous world of fashion magazines and downtown nightclubs. At twenty-six, Cat Marnell was an associate beauty editor at Lucky, one of

the top fashion magazines in America—and that’s all most people knew about her. But she hid a secret life. She was a prescription drug addict. She was also a “doctor shopper” who manipulated Upper East Side psychiatrists for pills, pills, and more pills; a lonely bulimic who spent hundreds of dollars a week on binge foods; a promiscuous party girl who danced barefoot on banquets; a weepy and hallucination-prone insomniac who would take anything—anything—to sleep. This is a tale of self-loathing, self-sabotage, and yes, self-tanner. It begins at a posh New England prep school—and with a prescription for the Attention Deficit Disorder medication Ritalin. It continues to New York, where we follow Marnell’s amphetamine-fueled rise from intern to editor through the beauty departments of NYLON, Teen Vogue, Glamour, and Lucky. We see her fight between ambition and addiction and how, inevitably, her disease threatens everything she worked so hard to achieve. From the Condé Nast building to seedy nightclubs, from doctors’ offices and mental hospitals, Marnell “treads a knife edge between glamorizing her own despair and rendering it with savage honesty...with the skill of a pulp novelist” (The New York Times Book Review) what it is like to live in the wild, chaotic, often sinister world of a young female addict who can’t say no. Combining “all the intoxicating intrigue of a thriller and yet all the sobering pathos of a gifted writer’s true-life journey to recover her former health, happiness, ambitions, and identity” (Harper’s Bazaar), *How to Murder Your Life* is mesmerizing, revelatory, and necessary. One would think that with her impressive list of bestselling self-improvement memoirs Jen Lancaster would have it all together by now. One would be wrong. After all, she’s no Martha Stewart. And that’s why Jen is going to Martha up and live her life according to the advice of America’s overachieving older sister—the woman who turns lemons into lavender-infused lemonade. By immersing herself in Martha’s media empire, Jen embarks on a yearlong quest to take herself, her house, her husband (and maybe even her pets) to the next level—from closet organization to party planning. Maybe Jen can avoid food poisoning if she follows Martha’s dictates on proper storage. Maybe she can rid her workout clothes of meatball stains by using Martha’s laundry tips. Maybe she can create a more meaningful anniversary celebration than getting drunk in the pool with her husband.

Again. And maybe she'll discover that the key to happiness does, in fact, lie in Martha's perfectly arranged cupboards and charcuterie platters.

"Jon Swift + Witches of Eastwick + Kelly 'Get In Trouble' Link + Mean Girls + Creative Writing Degree Hell! No punches pulled, no hilarities dodged, no meme unmangled! O Bunny you are sooo genius!"

—Margaret Atwood, via Twitter "A wild, audacious and ultimately unforgettable novel." —Michael Schaub, Los Angeles Times "Awad is a stone-cold genius." —Ann Bauer, The Washington Post

The Vegetarian meets Heathers in this darkly funny, seductively strange novel from the acclaimed author of *13 Ways of Looking at a Fat Girl* "We were just these innocent girls in the night trying to make something beautiful. We nearly died. We very nearly did, didn't we?" Samantha Heather Mackey couldn't be more of an outsider in her small, highly selective MFA program at New England's Warren University. A scholarship student who prefers the company of her dark imagination to that of most people, she is utterly repelled by the rest of her fiction writing cohort--a clique of unbearably twee rich girls who call each other "Bunny," and seem to move and speak as one. But everything changes when Samantha receives an invitation to the Bunnies' fabled "Smut Salon," and finds herself inexplicably drawn to their front door--ditching her only friend, Ava, in the process. As Samantha plunges deeper and deeper into the Bunnies' sinister yet saccharine world, beginning to take part in the ritualistic off-campus "Workshop" where they conjure their monstrous creations, the edges of reality begin to blur. Soon, her friendships with Ava and the Bunnies will be brought into deadly collision. The spellbinding new novel from one of our most fearless chroniclers of the female experience, *Bunny* is a down-the-rabbit-hole tale of loneliness and belonging, friendship and desire, and the fantastic and terrible power of the imagination. Named a Best Book of 2019 by TIME, Vogue, Electric Literature, and The New York Public Library Lorene Cary's grandmother moves in, and everything changes: day-to-day life, family relationships, the Nana she knew—even their shared past. From cherished memories of weekends she spent as a child with her indulgent Nana to the reality of the year she spent "lady-sitting" her now frail grandmother, Lorene Cary journeys through stories of their time together and five generations of their African American family. Brilliantly

weaving a narrative of her complicated yet transformative relationship with Nana—a fierce, stubborn, and independent woman, who managed a business until she was 100—Cary looks at Nana’s impulse to control people and fate, from the early death of her mother and oppression in the Jim Crow South to living on her own in her New Jersey home. Cary knew there might be some reckonings to come. Nana was a force: Her obstinacy could come out in unanticipated ways—secretly getting a driver’s license to show up her husband, carrying on a longtime feud with Cary’s father. But Nana could also be devoted: to Nana’s father, to black causes, and—Cary had thought—to her grandchildren and great-grandchildren. Facing the inevitable end raises tensions, with Cary drawing on her spirituality and Nana consoling herself with late-night sweets and the loyalty of caregivers. When Nana doubts Cary’s dedication, Cary must go deeper into understanding this complicated woman. In *Ladysitting*, Cary captures the ruptures, love, and, perhaps, forgiveness that can occur in a family as she bears witness to her grandmother’s 101 vibrant years of life. An Instant New York Times Bestseller! “Lapvona flips all the conventions of familial and parental relations, putting hatred where love should be or a negotiation where grief should be . . . Through a mix of witchery, deception, murder, abuse, grand delusion, ludicrous conversations, and cringeworthy moments of bodily disgust, Moshfegh creates a world that you definitely don’t want to live in, but from which you can’t look away.” —The Atlantic

In a village in a medieval fiefdom buffeted by natural disasters, a motherless shepherd boy finds himself the unlikely pivot of a power struggle that puts all manner of faith to a savage test, in a spellbinding novel that represents Ottessa Moshfegh’s most exciting leap yet. Little Marek, the abused and delusional son of the village shepherd, never knew his mother; his father told him she died in childbirth. One of life’s few consolations for Marek is his enduring bond with the blind village midwife, Ina, who suckled him when he was a baby, as she did so many of the village’s children. Ina’s gifts extend beyond childcare: she possesses a unique ability to communicate with the natural world. Her gift often brings her the transmission of sacred knowledge on levels far beyond those available to other villagers, however religious they might be. For some people, Ina’s home in the woods outside of the village is a

place to fear and to avoid, a godless place. Among their number is Father Barnabas, the town priest and lackey for the depraved lord and governor, Villiam, whose hilltop manor contains a secret embarrassment of riches. The people's desperate need to believe that there are powers that be who have their best interests at heart is put to a cruel test by Villiam and the priest, especially in this year of record drought and famine. But when fate brings Marek into violent proximity to the lord's family, new and occult forces upset the old order. By year's end, the veil between blindness and sight, life and death, the natural world and the spirit world, will prove to be very thin indeed. An editor and writer's vivaciously entertaining, and often moving, chronicle of his year-long adventure with fifty great books (and two not-so-great ones)—a true story about reading that reminds us why we should all make time in our lives for books. Nearing his fortieth birthday, author and critic Andy Miller realized he's not nearly as well read as he'd like to be. A devout book lover who somehow fell out of the habit of reading, he began to ponder the power of books to change an individual life—including his own—and to define the sort of person he would like to be. Beginning with a copy of Bulgakov's *Master and Margarita* that he happens to find one day in a bookstore, he embarks on a literary odyssey of mindful reading and wry introspection. From *Middlemarch* to *Anna Karenina* to *A Confederacy of Dunces*, these are books Miller felt he should read; books he'd always wanted to read; books he'd previously started but hadn't finished; and books he'd lied about having read to impress people. Combining memoir and literary criticism, *The Year of Reading Dangerously* is Miller's heartfelt, humorous, and honest examination of what it means to be a reader. Passionately believing that books deserve to be read, enjoyed, and debated in the real world, Miller documents his reading experiences and how they resonated in his daily life and ultimately his very sense of self. The result is a witty and insightful journey of discovery and soul-searching that celebrates the abiding miracle of the book and the power of reading. Documents the author's quest to live one year in literal compliance with biblical rules, from being fruitful and multiplying to growing a beard and avoiding mixed-fiber clothing. “Refreshing, inspiring, and honest....One book I'm not going to be ‘giving up’ anytime soon.” —Nicole Williams, author of

Earn What You're Worth Give It Up! is author Mary Carlomagno's inspiring chronicle of her 365 days spent learning to live better with less—when she decided to give up one modern convenience (eg: elevators) or indulgence (eg: alcohol) every month for a year. A joyous celebration of voluntary simplicity, Give It Up! offers a solution and a liberating new outlook to shopaholics, jaded consumers, and spirituality seekers overwhelmed by the unnecessary clutter in their lives, in the most uplifting self-help guide to better living since Gretchen Rubin's The Happiness Project. A New York Times Book Review Notable Book of 2017 An electrifying first collection from one of the most exciting short story writers of our time "I can't recall the last time I laughed this hard at a book. Simultaneously, I'm shocked and scandalized. She's brilliant, this young woman."—David Sedaris Ottessa Moshfegh's debut novel Eileen was one of the literary events of 2015. Garlanded with critical acclaim, it was named a book of the year by The Washington Post and the San Francisco Chronicle, nominated for a National Book Critics Circle Award, short-listed for the Man Booker Prize, and won the PEN/Hemingway Award for debut fiction. But as many critics noted, Moshfegh is particularly held in awe for her short stories. Homesick for Another World is the rare case where an author's short story collection is if anything more anticipated than her novel. And for good reason. There's something eerily unsettling about Ottessa Moshfegh's stories, something almost dangerous, while also being delightful, and even laugh-out-loud funny. Her characters are all unsteady on their feet in one way or another; they all yearn for connection and betterment, though each in very different ways, but they are often tripped up by their own baser impulses and existential insecurities. Homesick for Another World is a master class in the varieties of self-deception across the gamut of individuals representing the human condition. But part of the unique quality of her voice, the echt Moshfeghian experience, is the way the grotesque and the outrageous are infused with tenderness and compassion. Moshfegh is our Flannery O'Connor, and Homesick for Another World is her Everything That Rises Must Converge or A Good Man is Hard to Find. The flesh is weak; the timber is crooked; people are cruel to each other, and stupid, and hurtful. But beauty comes from strange sources. And the dark energy surging through these stories is

powerfully invigorating. We're in the hands of an author with a big mind, a big heart, blazing chops, and a political acuity that is needle-sharp. The needle hits the vein before we even feel the prick. Evangeline Starr Raybuck -- plain-spoken, lusty, and hardworking -- and June Keel are high school seniors, best friends going out with best friends, working together at Noecker's chicken farm after school. Vangie and June make out with their boyfriends together in the same car; they pass dirty notes to each other during the day at school. They tell each other everything: "That was the kind of friends we were". After they graduate, things begin to shift. Vangie gets a job waitressing and moves in with Del; June, unable to get a job anywhere but the local factory, moves in with Ray and his older brother Luke. As they become more involved in their lives with their men, they see each other infrequently, but not so seldom that it doesn't become clear to Vangie that there's something dangerous going on, that June has crossed a line with the men in her life that even Vangie would not. **INSTANT NATIONAL BESTSELLER** A New York Times Notable Book * Named a Best Book of the Year by Vogue, TIME, and Marie Claire "A manifesto to happiness—the one found when you stop running from who you are." —New York Times Book Review "An extraordinary book, acrobatic on the level of the sentence, symphonic across its many movements—and this is a book that moves...My Year Abroad is a wild ride—a caper, a romance, a bildungsroman, and something of a satire of how to get filthy rich in rising Asia." – Vogue From the award-winning author of *Native Speaker* and *On Such a Full Sea*, an exuberant, provocative story about a young American life transformed by an unusual Asian adventure – and about the human capacities for pleasure, pain, and connection. Tiller is an average American college student with a good heart but minimal aspirations. Pong Lou is a larger-than-life, wildly creative Chinese American entrepreneur who sees something intriguing in Tiller beyond his bored exterior and takes him under his wing. When Pong brings him along on a boisterous trip across Asia, Tiller is catapulted from ordinary young man to talented protégé, and pulled into a series of ever more extreme and eye-opening experiences that transform his view of the world, of Pong, and of himself. In the breathtaking, "precise, elliptical prose" that Chang-rae Lee is known for (*The New York Times*), the

narrative alternates between Tiller's outlandish, mind-boggling year with Pong and the strange, riveting, emotionally complex domestic life that follows it, as Tiller processes what happened to him abroad and what it means for his future. Rich with commentary on Western attitudes, Eastern stereotypes, capitalism, global trade, mental health, parenthood, mentorship, and more, *My Year Abroad* is also an exploration of the surprising effects of cultural immersion—on a young American in Asia, on a Chinese man in America, and on an unlikely couple hiding out in the suburbs. Tinged at once with humor and darkness, electric with its accumulating surprises and suspense, *My Year Abroad* is a novel that only Chang-rae Lee could have written, and one that will be read and discussed for years to come. Irina obsessively takes explicit photographs of the average-looking men she persuades to model for her, scouted from the streets of Newcastle. Placed on sabbatical from her dead-end bar job, she is offered an exhibition at a fashionable London gallery, promising to revive her career in the art world and offering an escape from her rut of drugs, alcohol, and extreme cinema. The news triggers a self-destructive tailspin, centred around Irina's relationship with her obsessive best-friend, and a shy young man from her local supermarket who has attracted her attention. One of a series offering classic and contemporary writing for schools to suit a range of ages and tastes. In the last year of his life Roald Dahl worked on this diary, which contains reminiscences of childhood and adolescence, gardening tips, and observations about the changing seasons. The creator of "Grey's Anatomy" and "Scandal" details the one-year experiment with saying "yes" that transformed her life, revealing how accepting unexpected invitations she would have otherwise declined enabled powerful benefits. "[An] intricate and unsettling new novel . . . *Death in Her Hands* is not a murder mystery, nor is it really a story about self-deception or the perils of escapism. Rather, it's a haunting meditation on the nature and meaning of art." -Kevin Power, *The New Yorker* From one of our most ceaselessly provocative literary talents, a novel of haunting metaphysical suspense about an elderly widow whose life is upturned when she finds an ominous note on a walk in the woods. While on her daily walk with her dog in a secluded woods, a woman comes across a note, handwritten and carefully pinned to the ground by stones.

"Her name was Magda. Nobody will ever know who killed her. It wasn't me. Here is her dead body." But there is no dead body. Our narrator is deeply shaken; she has no idea what to make of this. She is new to this area, alone after the death of her husband, and she knows no one. Becoming obsessed with solving this mystery, our narrator imagines who Magda was and how she met her fate. With very little to go on, she invents a list of murder suspects and possible motives for the crime. Oddly, her suppositions begin to find correspondences in the real world, and with mounting excitement and dread, the fog of mystery starts to fade into menacing certainty. As her investigation widens, strange dissonances accrue, perhaps associated with the darkness in her own past; we must face the prospect that there is either an innocent explanation for all this or a much more sinister one. A triumphant blend of horror, suspense, and pitch-black comedy, *Death in Her Hands* asks us to consider how the stories we tell ourselves both reflect the truth and keep us blind to it. Once again, we are in the hands of a narrator whose unreliability is well earned, and the stakes have never been higher. A Publishers Weekly Best Book of 1998. "To all concerned, this book is meant to send a ghostly signal across the dark universe of ill-health that says 'you are not alone.'" - Robert McCrum

On July 29, 1995, Robert McCrum, 42, married only ten weeks, suffered a paralyzing stroke. Overnight, his life shifted irrevocably. But this admired novelist and former editorial director of the London publishing house Faber and Faber decided to chronicle what became a remarkable journey "into that mysterious, unexplored territory, the neighbourly world of the unwell," as well as a deeply moving love story. With a New Introduction by Jonathan Franzen There's Rob, Bob, Tom, Paul, Ralph, and Noah; Nick, Dennis, Bertram, Russell, and Virgil. The doctor, the documentary filmmaker, and the sculptor in burning steal; the eldest, the youngest, and the celebrated "perfect" brother, Benedict. In Donald Antrim's mordantly funny novel *The Hundred Brothers*, our narrator and his colossal fraternity of ninety-eight brothers (one couldn't make it) have assembled in the crumbling library of their family's estate for a little sinister fun. Executed with the invention and intelligence of Barthelme and Pynchon, Antrim's taxonomy of male specimens is in equal proportions disturbing and absurdly hilarious. Lottie Wentworth has

never been more pleased to hear Big Ben ring in the new year and wave goodbye to The Year of Saying Yes! When a long-term relationship ended, her best friend's scheme to get Lottie back in the swing of things seemed like a good idea. She's kept her promise to Jess to see it through but, as a lover of the quiet life, Lottie couldn't be happier to say hello to a brand new year – The Year of Saying No! Unfortunately, the one thing she still seems unable to say no to is the crush she has on her best client and now friend, Army veteran, Seb Marshall. But she's working on it, and with rescue dog Humphrey at her side, she knows that she'll manage just fine. Lottie's decision to stop trying to please everyone has brought a sense of relief beyond what she had expected. Her actions and determination have also begun to send ripples throughout her life and those closest to her, bringing about changes none of them could have expected. But will all those changes be for the good? What readers are saying about My Year of Saying No: 'I honestly fell head over heels in love with this book.' 'A warm and funny read with the biggest of hearts. It felt like a giant hug.' 'Modern, fresh, and unputdownable.' Rachel Dove 'I cannot stress enough how much I think you should read this novel.' 'Bloody brilliant!!! I adored this book and everything it made me feel! 'Pure fun escapism.' 'Funny, witty, romantic, uplifting, fabulously fun' 'Fast, fun, fantastic book from Maxine. She is fast becoming a favourite of mine. Keep them coming Maxine!' 'I absolutely adored this book!' 'Maxine Morrey has become a must-read for me.' 'I couldn't put this one down' 'Wow oh wow!!! 'What an absolutely gorgeous read, with utterly amazing characters. I have loved this book so much. It has been an absolute joy to read.' 'This is highly deserving of five million stars. It is a fantastic read!!! Praise for Maxine Morrey:' 'A lovely story that kept me turning the pages' Jules Wake 'A stunning, perfect novel – it literally took my breath away.' The Writing Garnet, 5 stars 'A warm hug of a book.' Rachel's Random Reads, 5 stars USA TODAY Bestseller!

Magic, murder, adventure, and romance combine in this second novel in the exciting Crown of Shards saga from New York Times and USA Today bestselling author Jennifer Estep. Everleigh Blair might be the new gladiator queen of Bellona, but her problems are far from over. First, Evie has to deal with a court full of arrogant, demanding nobles, all of whom want to get their greedy hands on her crown. As if that

wasn't bad enough, an assassin tries to kill Evie in her own throne room. Despite the dangers, Evie goes ahead with a scheduled trip to the neighboring kingdom of Andvari in order to secure a desperately needed alliance. But complicating matters is the stubborn Andvarian king, who wants to punish Evie for the deaths of his countrymen during the Seven Spire massacre. Dark forces are also at work inside the Andvarian palace, and Evie soon realizes that no one is safe. Worse, her immunity to magic starts acting in strange, unexpected ways, which makes Evie wonder whether she is truly strong enough to be a Winter Queen. Evie's magic, life, and crown aren't the only things in danger—so is her heart, thanks to Lucas Sullivan, the Andvarian king's bastard son and Evie's ... well, Evie isn't quite sure what Sullivan is to her. Only one thing is certain—protecting a prince might be even harder than killing a queen...

With the intrigue of a psychological thriller, Camus's masterpiece gives us the story of an ordinary man unwittingly drawn into a senseless murder on an Algerian beach. Behind the intrigue, Camus explores what he termed "the nakedness of man faced with the absurd" and describes the condition of reckless alienation and spiritual exhaustion that characterized so much of twentieth-century life. First published in 1946; now in translation by Matthew Ward. In a racially polarized classroom in 1970 Alabama, Lu's talent for running track makes her a new best friend — and tests her mettle as she navigates the school's social cliques. Miss Garrett's classroom is like every other at our school. White kids sit on one side and black kids on the other. I'm one of the few middle-rowers who split the difference. Sixth-grader Lu Olivera just wants to keep her head down and get along with everyone in her class. Trouble is, Lu's old friends have been changing lately — acting boy crazy and making snide remarks about Lu's newfound talent for running track. Lu's secret hope for a new friend is fellow runner Belinda Gresham, but in 1970 Red Grove, Alabama, blacks and whites don't mix. As segregationist ex-governor George Wallace ramps up his campaign against the current governor, Albert Brewer, growing tensions in the state — and in the classroom — mean that Lu can't stay neutral about the racial divide at school. Will she find the gumption to stand up for what's right and to choose friends who do the same? "By thinking harder about how it would feel to consume less, we might just make

ourselves and our planet a lot better." cover. ** A New York Times Bestseller ** NAMED ONE OF THE BEST BOOKS OF THE YEAR BY: Time • The New Yorker • NPR • GQ • Elle • Vulture • Fortune • Boing Boing • The Irish Times • The New York Public Library • The Brooklyn Public Library "A complex, smart and ambitious book that at first reads like a self-help manual, then blossoms into a wide-ranging political manifesto."—Jonah Engel Bromwich, The New York Times Book Review One of President Barack Obama's "Favorite Books of 2019" Porchlight's Personal Development & Human Behavior Book of the Year In a world where addictive technology is designed to buy and sell our attention, and our value is determined by our 24/7 data productivity, it can seem impossible to escape. But in this inspiring field guide to dropping out of the attention economy, artist and critic Jenny Odell shows us how we can still win back our lives. Odell sees our attention as the most precious—and overdrawn—resource we have. And we must actively and continuously choose how we use it. We might not spend it on things that capitalism has deemed important ... but once we can start paying a new kind of attention, she writes, we can undertake bolder forms of political action, reimagine humankind's role in the environment, and arrive at more meaningful understandings of happiness and progress. Far from the simple anti-technology screed, or the back-to-nature meditation we read so often, *How to do Nothing* is an action plan for thinking outside of capitalist narratives of efficiency and techno-determinism. Provocative, timely, and utterly persuasive, this book will change how you see your place in our world. Susan Spencer-Wendel's *Until I Say Good-Bye: My Year of Living with Joy* is a moving and inspirational memoir by a woman who makes the most of her final days after discovering she has amyotrophic lateral sclerosis (ALS). After Spencer-Wendel, a celebrated journalist at the Palm Beach Post, learns of her diagnosis of ALS, more commonly known as Lou Gehrig's disease, she embarks on several adventures, traveling to several countries and sharing special experiences with loved ones. One trip takes Spencer-Wendel and her fourteen-year-old daughter, Marina, to New York City's Kleinfeld's Bridal to shop for Marina's future wedding dress—an occasion that Susan knows she will never see. Co-written with Bret Witter, *Until I Say Good-Bye* is Spencer-Wendel's account of living a

full life with humor, courage, and love, but also accepting death with grace and dignity. It's a celebration of life, a look into the face of death, and the effort we must make to show the people that we love and care about how very much they mean to us. When documentary maker Jane Takagi-Little finally lands a job producing a Japanese television show that just happens to be sponsored by an American meat-exporting business, she uncovers some unsavoury truths about love, fertility, and a dangerous hormone called DES. Soon she will also cross paths with Akiko Ueno, a beleaguered Japanese housewife struggling to escape her overbearing husband. And the battle with 'big beef' will be on in earnest. Ruth Ozeki's much-loved debut novel, winner of the Kiriyama Prize for Literature of the Pacific Rim, represents the entertaining face of ecological activism. It will delight fans of Michael Pollan, Margaret Atwood and Barbara Kingsolver. Ruth Ozeki was born and raised in Connecticut by an American father and a Japanese mother. She has lived in Japan, where among other things she worked as a bar hostess and studied flower arrangement, Noh drama and mask carving. Ruth practises Zen Buddhism and was ordained as a priest in 2010. She is the bestselling author of *A Tale for the Time Being* and *All Over Creation*.
textpublishing.com.au 'Ruth Ozeki masks a deeper purpose a light tone...A comical-satirical-farcical-epical-tragical-romantical novel.' Jane Smiley, Chicago Tribune 'A joy to read.' Elle 'Wonderfully wild and bracing...A feast that leaves you hungry for whatever Ozeki cooks up next.' Newsweek 'Romance, agri-business, self-discovery, cross-cultural misunderstanding - it takes a talent like Ruth Ozeki's to blend all these ingredients beautifully together. My Year of Meats is a sensitive and compelling portrait of two modern women.' Arthur Golden, author of *Memoirs of a Geisha*

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